



GREATER KANSAS CITY LABORERS FRINGE BENEFIT FUNDS

Managed for the Trustees by:
TIC INTERNATIONAL CORPORATION

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July 2010

TO: ALL ELIGIBLE PARTICIPANTS OF THE GREATER KANSAS CITY LABORERS WELFARE FUND

**RE: GREATER KANSAS CITY LABORERS WELFARE FUND
EMERGENCY ROOM ADVISORY**

Dear Participant:

If you're like most people, whenever you're experiencing pain, you want immediate attention and instant relief. However, ***one of the most common mistakes you can make is to go to the emergency room instead of your doctor's office or an urgent care clinic when you need routine or non-emergency medical care.***

Here's why...

- ❖ Going to the emergency room to have something as routine as an earache treated may cost you and the Fund three to four times as much as a trip to your doctor's office for the same care, and possibly twice as much for the same care at an urgent care clinic;
- ❖ You will probably wait much longer to get care at an emergency room than you will at your doctor's office or an urgent care clinic; and
- ❖ When you go to an emergency room, you're treated by a doctor who has probably never seen you before – and it's always best to get as much of your care as you can from a doctor who knows you and has access to your medical records and history of treatment.

Go to your doctor when you need routine care, which is care you need on a regular or consistent basis to maintain your health and fitness, such as standard immunizations, office exams, pap smears, and diagnostics.

Before you go to an emergency room, ask yourself: "*Am I thinking of going to the emergency room because it's convenient or because it's necessary?*"

Understandably, when it comes to pain it can be hard to tell if you're dealing with a crisis situation. So if you're still in doubt as to where to go, consider this...

- ❖ **Emergency Rooms** specialize in handling *life-threatening* situations. These facilities operate around the clock, and are designed to treat *serious* maladies, such as burns, sudden paralysis, a suspected heart attack or stroke, slurred speech, uncontrolled bleeding, seizures, chest pains, loss of consciousness, shortness of breath, and poisoning.

❖ **Urgent Care Clinics** specialize in care for *minor* injuries and illnesses, and common medical ailments, such as sprains, cuts, broken bones, sore throats, earaches, and infections. These clinics generally offer some day, evening, and weekend hours and are a great option when you can't, or don't want to, wait for an appointment at your doctor's office, or when you don't need the level of care an emergency room provides. They often have transfer/admit privileges to local or regional hospitals.

Call BlueCross and BlueShield of Kansas City at (800) 810-BLUE if you need help locating a network urgent care clinic.

Take Care Clinics are located inside select Walgreens Pharmacies.

MinuteClinics are located inside select CVS retail Pharmacies.

Refer to the *Convenience Care Clinic* attachment for a few clinic locations.

❖ **Convenience Care Clinics** such as a *Take Care Clinic* or *MinuteClinic* are quick and convenient ways to access health care. *Take Care Clinics* are located inside select Walgreen's Pharmacy Stores and *MinuteClinics* are located inside select CVS Pharmacy Stores. You and your dependents age 18 months and older can receive diagnosis, treatment, and prescriptions for a wide range of common illnesses at these clinics. These clinics are open seven days a week, and no appointment is necessary.

Please visit www.takecarehealth.com or www.minuteclinic.com/en/USA for information on clinic locations.

Of course, you should go to the emergency room whenever you think you are having a serious life-threatening emergency. That's what it's for – true emergencies. And, when you need help determining the seriousness of your condition, you can also call the network provider line on your medical ID card.

Remember, making the right choice can make a significant difference in the amount of money you and the Fund will spend on your care. If you have any questions about your benefits, please call the Fund Office at **(913) 236-5490**.

Sincerely,

BOARD OF TRUSTEES

CONVENIENCE CARE CLINICS – KANSAS CITY METRO AREA

Minute Clinics

Located inside select CVS Pharmacy Locations

Minute Clinic Kansas	1295 E 119th Street	Olathe	KS	66061
Minute Clinic Kansas	535 Santa Fe Street	Olathe	KS	66061
Minute Clinic Kansas	8101 State Avenue	Kansas City	KS	66112
Minute Clinic Kansas	7501 Metcalf Avenue	Overland Park	KS	66204
Minute Clinic Kansas	5170 Roe Boulevard	Roeland Park	KS	66205
Minute Clinic Kansas	11729 Roe Avenue	Leawood	KS	66211
Minute Clinic Kansas	11900 W 135th Street	Overland Park	KS	66221
Minute Clinic Kansas	22700 W 55th Terrace	Shawnee	KS	66226
Minute Clinic Missouri	1616 N 7 Hwy	Blue Springs	MO	64015
Minute Clinic Missouri	3825 S Noland Road	Independence	MO	64055
Minute Clinic Missouri	17403 E Hwy 24	Independence	MO	64056
Minute Clinic Missouri	1901 W Kansas Street	Liberty	MO	64068
Minute Clinic Missouri	1301 Platte Falls Road	Platte City	MO	64079
Minute Clinic Missouri	3351 SW 3rd Street	Lee's Summit	MO	64081
Minute Clinic Missouri	1215 W Foxwood Drive	Raymore	MO	64083
Minute Clinic Missouri	4990 NE Vivion Road	Kansas City	MO	64119
Minute Clinic Missouri	3101 State Line Road	Kansas City	MO	64145
Minute Clinic Missouri	330 NE Barry Road	Kansas City	MO	64155

Take Care Health Clinics

Located inside select Walgreen's Pharmacy Locations

Take Care Health Kansas	3421 W 6th Street	Lawrence	KS	66049
Take Care Health Kansas	545 E Santa Fe Street	Olathe	KS	66061
Take Care Health Kansas	13450 S Blackbob Road	Olathe	KS	66062
Take Care Health Kansas	11021 Shawnee Mission Parkway	Shawnee	KS	66203
Take Care Health Kansas	7500 Metcalf Avenue	Overland Park	KS	66204
Take Care Health Kansas	8450 151st Street	Overland Park	KS	66212
Take Care Health Kansas	15100 W 87th	Lenexa	KS	66219
Take Care Health Missouri	1400 E North Avenue	Belton	MO	64012
Take Care Health Missouri	1701 NW State Route 7	Blue Springs	MO	64014
Take Care Health Missouri	3915 S Noland Road	Independence	MO	64055
Take Care Health Missouri	1191 W Kansas Avenue	Liberty	MO	64068
Take Care Health Missouri	1801 E Langsford Road	Lee's Summit	MO	64081
Take Care Health Missouri	3845 Broadway Road	Kansas City	MO	64111
Take Care Health Missouri	2630 NE Vivion Road	Kansas City	MO	64119
Take Care Health Missouri	9300 E Gregory Boulevard	Raytown	MO	64133
Take Care Health Missouri	6063 Lewis Drive	Parkville	MO	64152
Take Care Health Missouri	401 NE Barry Road	Kansas City	MO	64155

